

Leander Youth Baseball Club at Dr. John's Sports Center Spring 2010: March 22 – May 22, 2010

INFORMATION SHEET

Leander Youth Baseball Club is open to all area youth looking for a beginning experience in the game of baseball. Dr. John's Sports Center offers a T-ball and Coach Pitch program for children ages 4 – 8 years old. Our goal is to provide an instructional program for children to develop attitudes of teamwork and sportsmanship, provide a wholesome family and friendship oriented recreation program with an emphasis on teaching proper skills and techniques of baseball. But most important is to make sure everyone has FUN.

T-BALL is a baseball game modified to teach children the fundamentals of batting, running, and fielding. The ball is hit off of a batting tee to start play. Players run and field as in a real game with simplified rules.

T-BALL PARTICIPANTS: Are boys and girls ages 4 - 6. If your child does not fit into this age category, but you feel as a parent this is where they need to start to develop the skills for baseball, please give us a call. We will work with you to find the best program fit for your child. Teams consist of no less than 8 players and no more than 10 players. Buddy requests will be honored as best as we can. No buddy requests honored after March 8, 2010.

T-BALL COACHES: We carefully select our volunteer coaches through an interview process as well as performing a background check. All coaches go through our internal orientation process in order to understand our philosophy of sport development. Each coach is provided with a written curriculum and lesson plan to help them during practices and games.

T-BALL GAME FORMAT

- There are no strikeouts.
- No standings will be kept in the league.
- Each player gets a turn at bat in each inning.
- Games will consist of 2 full innings or 50 minutes.

T-BALL PRACTICES & GAMES: Practices are once per week with games on Saturday with the exception of the first two weeks. During the week of March 22, there is a practice during the week and an additional practice on Saturday, March 27th. During the week of March 29, there will be only one weekday practice and no game or practice April 3rd (Easter Weekend). The first game is scheduled for April 10th. See attached practice/game schedule for T-ball. All practices are limited to 1 hour in length. There are 7 games in the season.

T-BALL PRACTICES AND LOCATION: All games and practices for T-Ball will be held at:

Dr. John's Sports Center, 1800 Clover Lane, Cedar Park, TX 78613.

Mailing address: P. O. Box 1178, Cedar Park, TX 78630.

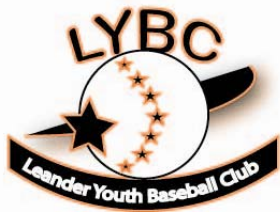
Phone: 512-259-7545

email: drjohnsinfo@drjohnssportscenter.com

web site:

www.DrJohnsSportsCenter.com/page/1re31/Sport_Leagues_Clinics/Leander_Youth_Baseball_Club.html

COST: The cost is \$65 per child with a \$15 discount for second child within the same family. Cost includes a hat and t-shirt for each child. Baseball gloves need to be furnished by the player. Batting helmets and bats are furnished by Dr. John's Sports Center. Registration closes March 17, 2010



Leander Youth Baseball Club at Dr. John's Sports Center Spring 2010: March 22 – May 22, 2010

COACH PITCH BASEBALL is a baseball game modified to teach children the fundamentals of batting, running, and fielding. The ball is pitched by the team's coach to each player. Players run and field as in a real game with simplified rules. This level emphasizes participation and skill development over competition. Kids are given the opportunity to try different positions on the field and everybody bats! This league is a player's first exposure to live pitching but still uses a softer baseball.

COACH PITCH PARTICIPANTS: Are boys and girls ages 6 - 8. If your child does not fit into this age category, but you feel as a parent this is where they need to be placed due to previous baseball experience, please give us a call. We will work with you to find the best program fit for your child. Teams consist of no less than 9 players and no more than 13 players. Buddy requests will be honored as best as we can. No buddy requests honored after March 8, 2010.

COACH PITCH COACHES: We carefully select our paid professional lead coaches through an interview process as well as performing a background check. We encourage parents to become involved by volunteering as secondary coaches. All coaches go through our internal orientation process in order to understand our philosophy of sport development. Each coach is provided with a written curriculum and lesson plan to help them during practices and games.

COACH PITCH GAME FORMAT

- There will be no standings taken in this program.
- A player will get a maximum of 6 pitches to swing at or 3 swings.
- If a player fouls off the 6th pitch he/she will get another pitch.
- If the ball should be caught or touched by the coach the play is dead.
- 3 outs or 5 runs per inning.

COACH PITCH PRACTICES AND GAMES: Practices are once per week with games on Saturday and alternating Thursday evenings. The first two weeks of the season will be used as practice weeks with no games. During the week of March 22, there is a practice during the week and an additional practice on Saturday, March 27th. During the week of March 29, there will be only one weekday practice and no game or practice April 3rd (Easter Weekend). The first game is scheduled for April 10th. The season consists of 10 games. See attached practice/game schedule for Coach Pitch. All practices are limited to 1 1/2 hours in length.

COACH PITCH PRACTICES AND LOCATION: All games for Coach Pitch will be held at Dr. John's Sports Center. Practices for Teams 1 – 6 will be at Dr. John's Sports Center.

Dr. John's Sports Center, 1800 Clover Lane, Cedar Park, TX 78613.

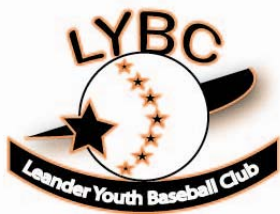
Mailing address: P. O. Box 1178, Cedar Park, TX 78630.

Phone: 512-259-7545

email: drjohnsinfo@drjohnssportscenter.com

web site: (We are planning on building a web site specifically for the Leander Youth Baseball Club).

COST: The cost is \$115 per child with a \$15 discount for second child within the same family. Cost includes a hat and t-shirt for each child. Baseball gloves need to be furnished by the player. Batting helmets and bats are furnished by Dr. John's Sports Center. Registration closes March 17, 2010.



Leander Youth Baseball Club at Dr. John's Sports Center
 Spring 2010: March 22 – May 22, 2010

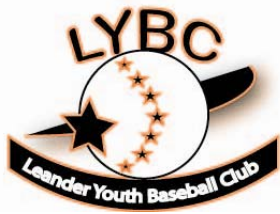
T-BALL PRACTICE SCHEDULE

Upper Field 1 (UF1), Upper Field 2 (UF2), Upper Field 3 (UF3)
 Lower Field 1 (LF1) & Lower Field 2 (LF2)

Team Practice	Monday 6 -7 pm	Tuesday 6-7 pm	Wednesday 6-7pm	Thursday 6-7pm
A		UF1		
B		UF2		
C		UF3		
D			UF1	
E			UF2	
F			UF3	
G				UF1
H				UF2

T-BALL GAME SCHEDULE

Date	Time	Field	Team
April 10	10:00am-11am	LF2	A vs H
	11:15-12:15pm	LF2	B vs G
	12:30 – 1:30pm	LF2	C vs G
	1:45-2:45 pm	LF2	D vs E
April 17	10:00am-11am	LF2	A vs D
	11:15-12:15pm	LF2	B vs C
	12:30 – 1:30pm	LF2	E vs H
	1:45-2:45 pm	LF2	F vs G
April 24	10:00am-11am	LF2	E vs F
	11:15-12:15pm	LF2	G vs H
	12:30 – 1:30pm	LF2	A vs B
	1:45-2:45 pm	LF2	C vs D
May 1	10:00am-11am	LF2	A vs E
	11:15-12:15pm	LF2	B vs F
	12:30 – 1:30pm	LF2	C vs G
	1:45-2:45 pm	LF2	D vs H
May 8	10:00am-11am	LF2	C vs H
	11:15-12:15pm	LF2	D vs G
	12:30 – 1:30pm	LF2	A vs F
	1:45-2:45 pm	LF2	B vs E
May 15	10:00am-11am	LF2	A vs C
	11:15-12:15pm	LF2	B vs D
	12:30 – 1:30pm	LF2	E vs F
	1:45-2:45 pm	LF2	G vs H
May 22	10:00am-11am	LF2	A vs G
	11:15-12:15pm	LF2	B vs H
	12:30 – 1:30pm	LF2	C vs E
	1:45-2:45 pm	LF2	D vs F



Leander Youth Baseball Club at Dr. John's Sports Center
Spring 2010: March 22 – May 22, 2010

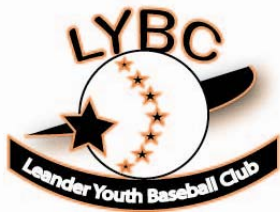
COACH PITCH PRACTICE SCHEDULE

Team Practice	Monday	Tuesday	Wednesday
1	LF1		
2	LF2		
3		LF1	
4		LF2	
5			LF1
6			LF2
7	UF1		
8	UF2		

Upper Field 1 (UF1) &
Upper Field 2 (UF2)
Lower Field 1 (LF1) & Lower
Field 2 (LF2)

COACH PITCH GAME SCHEDULE

Date	Time	Field	Team
Saturday, April 10	10:00 am – 11:15am	LF1	1 vs 8
	11:30 am – 12:45pm	LF1	2 vs 7
	1:00 pm – 2:15 pm	LF1	3 vs 6
	2:30 pm – 3:45 pm	LF1	4 vs 5
Thursday, April 15	6:00 pm	LF1	4 vs 1
	6:00 pm	LF1	2 vs 3
Saturday, April 17	10:00 am – 11:15am	LF1	3 vs 1
	11:30 am – 12:45pm	LF1	2 vs 4
	1:00 pm – 2:15 pm	LF1	5 vs 8
	2:30 pm – 3:45 pm	LF1	6 vs 7
Thursday, April 22	6:00 pm	LF1	5 vs 6
	6:00 pm	LF2	7 vs 8
Saturday, April 24	10:00 am – 11:15am	LF1	8 vs 2
	11:30 am – 12:45pm	LF1	7 vs 1
	1:00 pm – 2:15 pm	LF1	6 vs 4
	2:30 pm – 3:45 pm	LF1	5 vs 3
Thursday, April 29	6:00 pm	LF1	8 vs 3
	6:00 pm	LF2	7 vs 4
Saturday, May 1	10:00 am – 11:15am	LF1	8 vs 4
	11:30 am – 12:45pm	LF1	7 vs 3
	1:00 pm – 2:15 pm	LF1	6 vs 1
	2:30 pm – 3:45 pm	LF1	5 vs 2
Thursday, May 6	6:00 pm	LF1	6 vs 2
	6:00 pm	LF2	5 vs 1
Saturday, May 8	10:00 am – 11:15am	LF1	1 vs 8
	11:30 am – 12:45pm	LF1	2 vs 7
	1:00 pm – 2:15 pm	LF1	3 vs 6
	2:30 pm – 3:45 pm	LF1	4 vs 5
Thursday, May 13	6:00 pm	LF1	4 vs 1
	6:00 pm	LF2	2 vs 3



Leander Youth Baseball Club at Dr. John's Sports Center
Spring 2010: March 22 – May 22, 2010

Saturday, May 15	10:00 am – 11:15am	LF1	3 vs 1
	11:30 am – 12:45pm	LF1	2 vs 4
	1:00 pm – 2:15 pm	LF1	5 vs 8
	2:30 pm – 3:45 pm	LF1	6 vs 7
Thursday, May 20	6:00 pm	LF1	5 vs 6
	6:00 pm	LF2	7 vs 8
Saturday, May 22	10:00 am – 11:15am	LF1	8 vs 2
	11:30 am – 12:45pm	LF1	7 vs 1
	1:00 pm – 2:15 pm	LF1	6 vs 4
	2:30 pm – 3:45 pm	LF1	5 vs 3